

Objective: Identificar y aceptar sus propias emociones y las de los demás y practicar estrategias personales de manejo emocional (esperar un tiempo, escuchar al otro y considerar su impacto en los demás).





Activity 1: veamos un video.

Recuerda apagar tu micrófono y cuando termines de ver el video, enciende tu cámara para comentar lo observado.

Activity 2: Escribe qué sientes cuando:

1. Ayudo en mi casa:
2. Estudio para las pruebas:
3. Salgo con mi mamá (papá):
4. Invito a jugar a un amigo(a):
5. No me invitan a jugar mis amigos:



x **Activity 3:** Escribe 3 situaciones que te hagan sentir feliz.

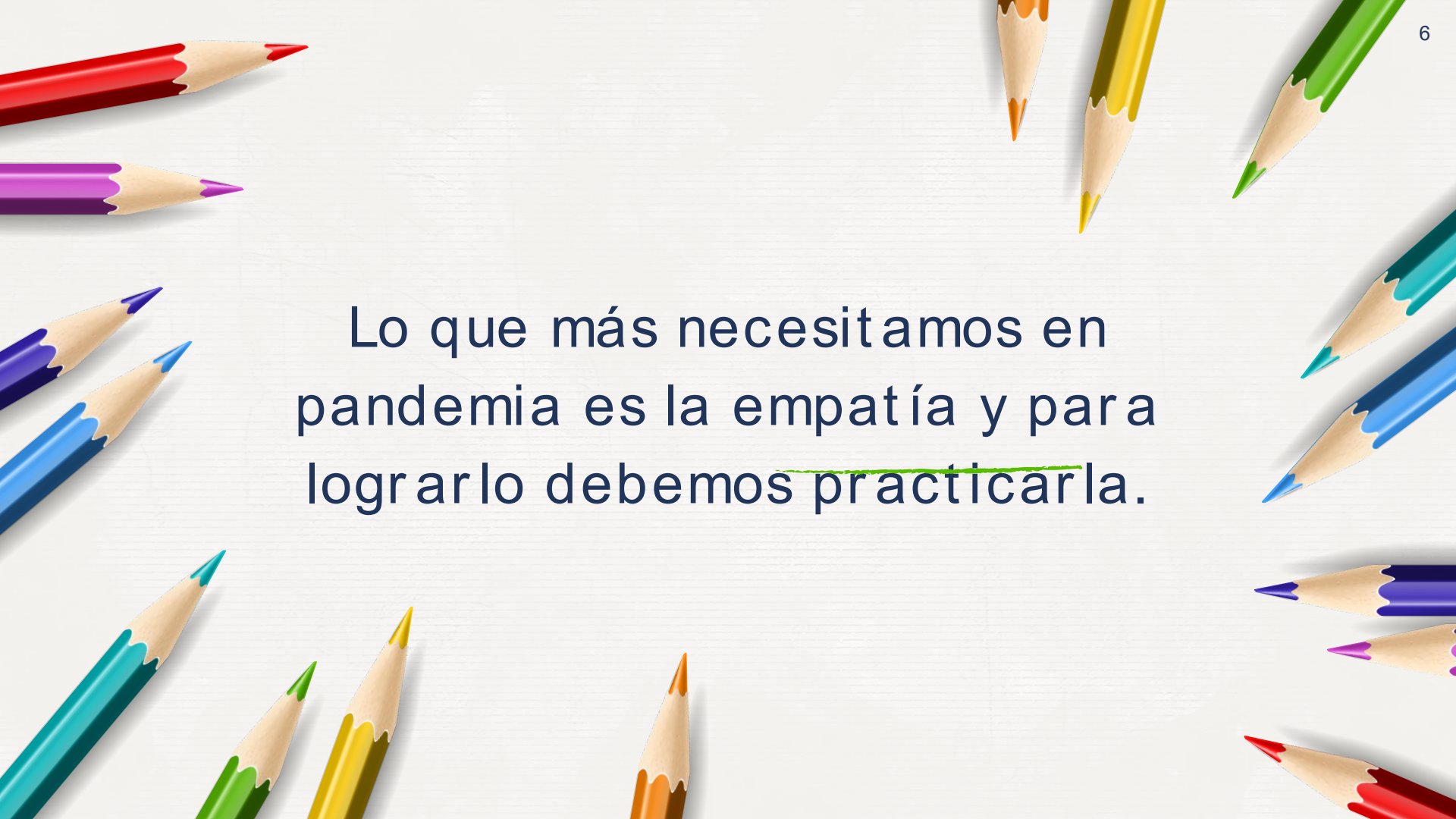




Recuerda:

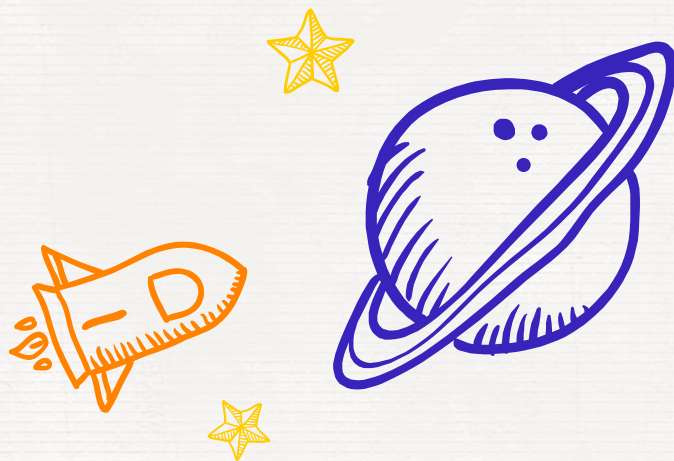
Todas las emociones son válidas, todas se pueden expresar, y que a veces es necesario calmarse para evitar una reacción inadecuada.





Lo que más necesitamos en
pandemia es la empatía y para
lograrlo debemos practicarla.





Big concept

Bring the attention of your audience over a key concept using icons or illustrations



You can also split your content

White

Is the color of milk and fresh snow, the color produced by the combination of all the colors of the visible spectrum.

Black

Is the color of ebony and of outer space. It has been the symbolic color of elegance, solemnity and authority.



In two or three columns

Yellow

Is the color of gold, butter and ripe lemons. In the spectrum of visible light, yellow is found between green and orange.

Blue

Is the colour of the clear sky and the deep sea. It is located between violet and green on the optical spectrum.

Red

Is the color of blood, and because of this it has historically been associated with sacrifice, danger and courage.



A picture is worth a thousand words

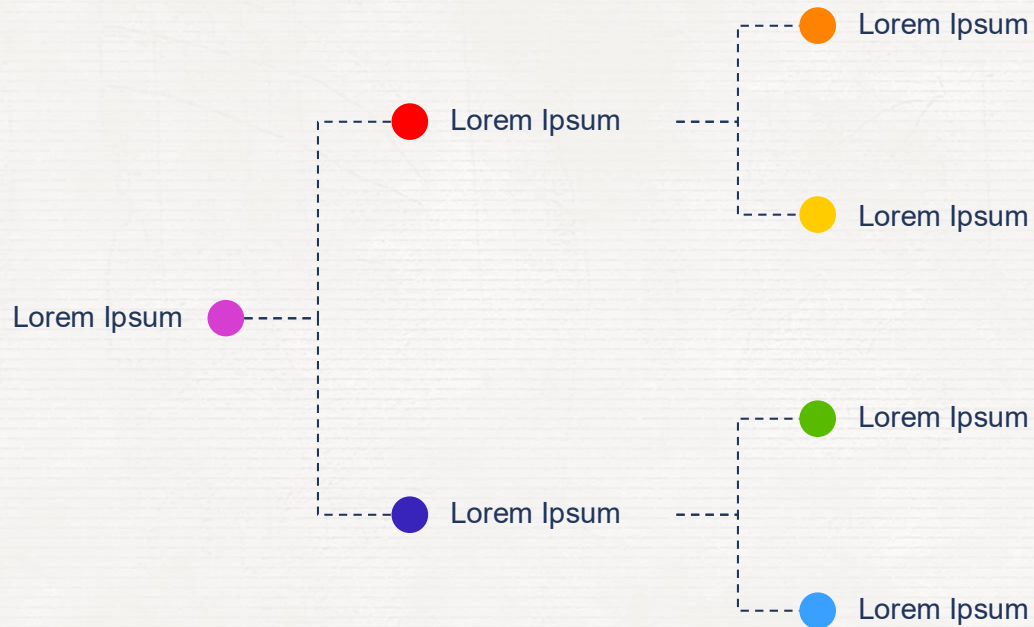
A complex idea can be conveyed with just a single still image, namely making it possible to absorb large amounts of data quickly.



Want big impact?
Use big image.



Use diagrams to explain your ideas



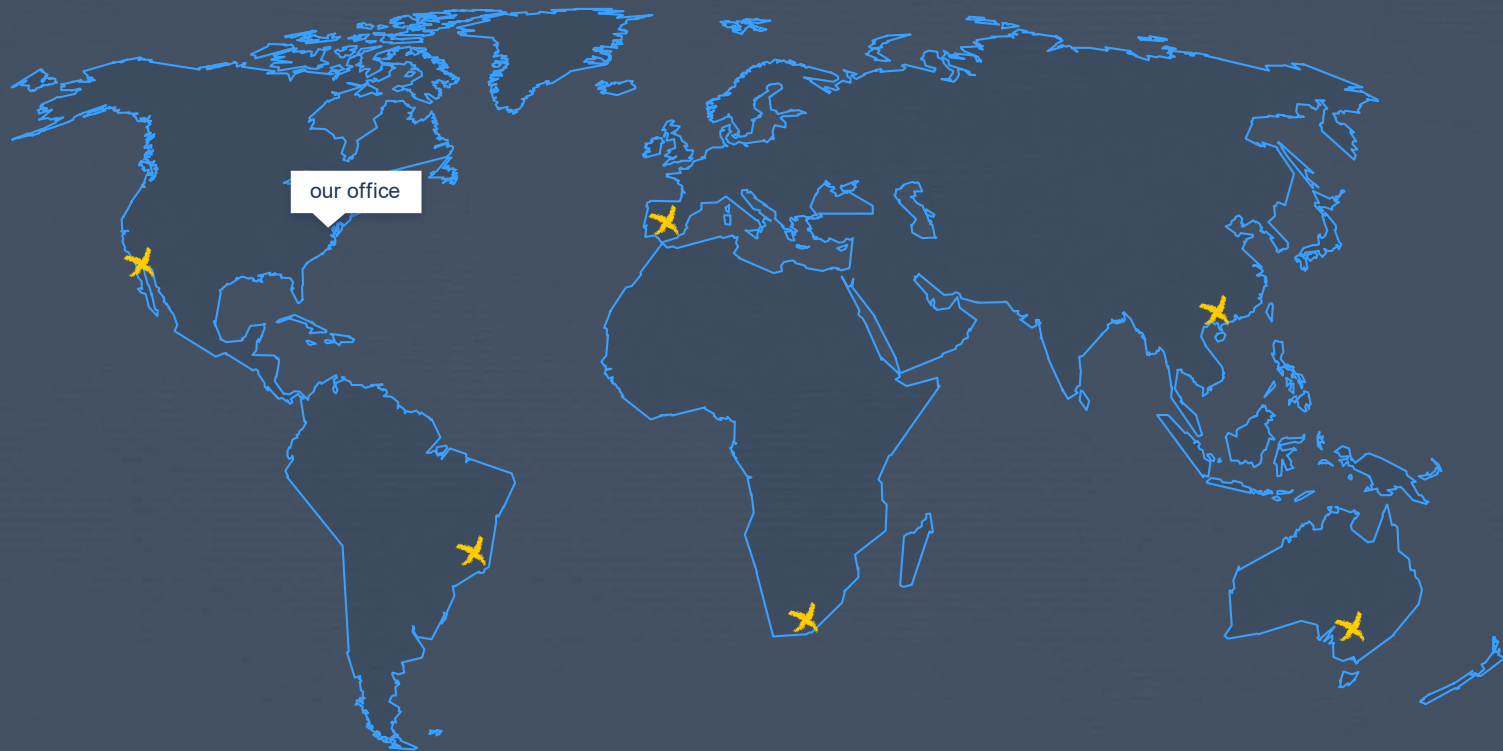
And tables to compare data

	A	B	C
Yellow	10	20	7
Blue	30	15	10
Orange	5	24	16





Maps





89,526,124

W hoa! That's a big number, aren't you proud?



89,526,124\$

That's a lot of money

185,244 users

And a lot of users

100%

Total success!

Our process is easy

1

Vestibulum congue tempus

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor. Donec facilisis lacus eget mauris.

2

Vestibulum congue tempus

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor. Donec facilisis lacus eget mauris.

3

Vestibulum congue tempus

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor. Donec facilisis lacus eget mauris.



Let's review some concepts

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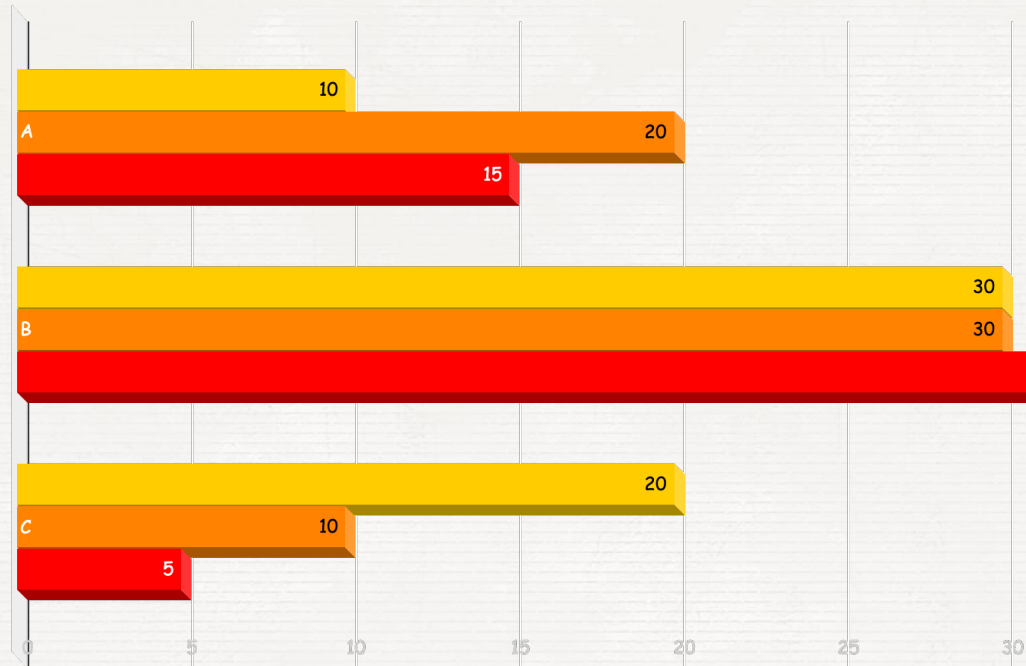
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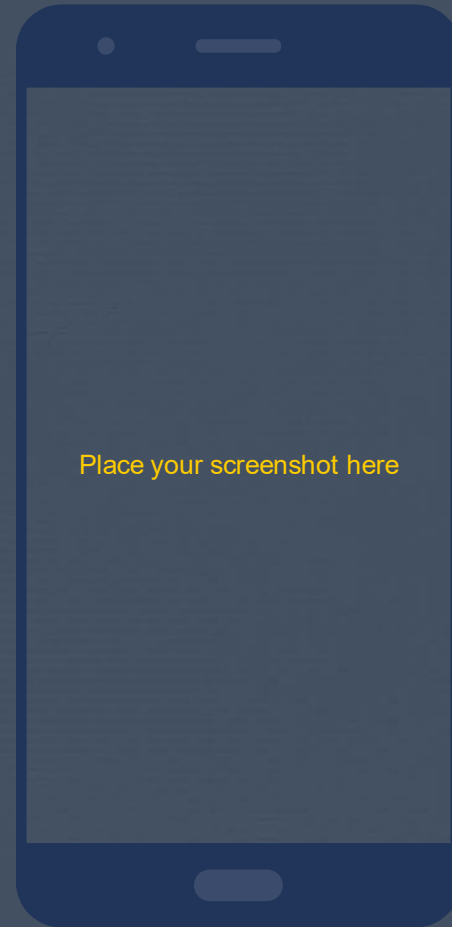
You can insert graphs from [Google Sheets](#)

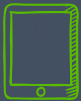




Mobile project

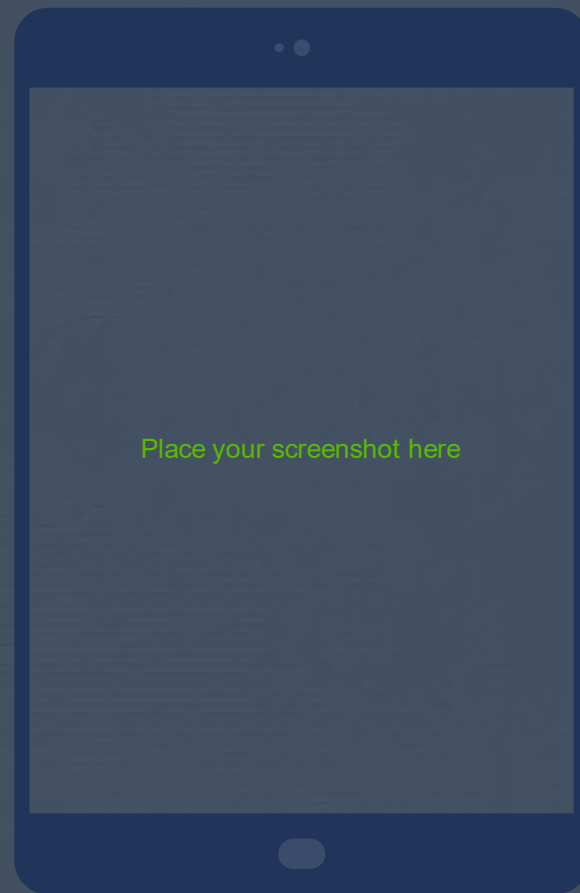
Show and explain your web, app or software projects using these gadget templates.





Tablet project

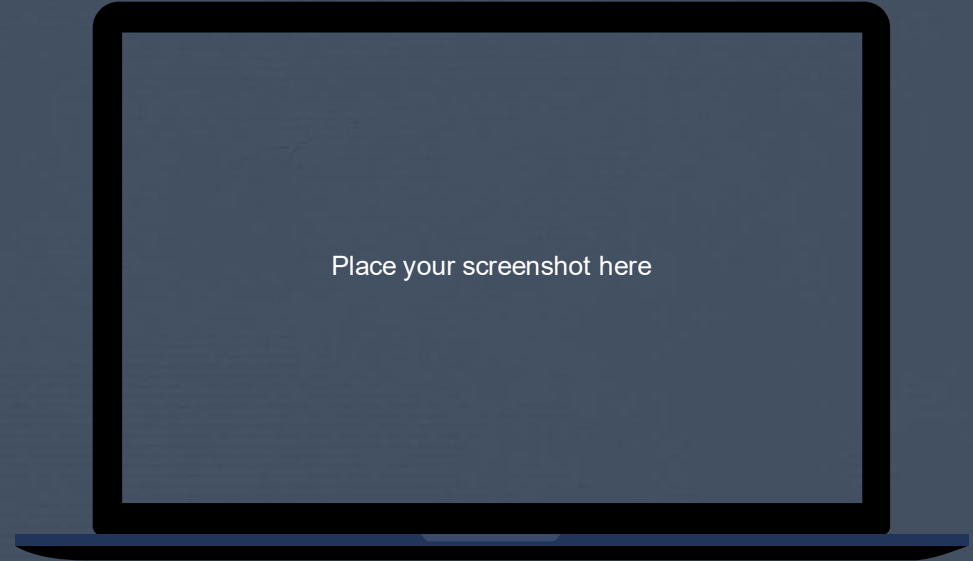
Show and explain your web, app or software projects using these gadget templates.





Desktop project

Show and explain your web, app or software projects using these gadget templates.





Thanks!

Any questions?

You can find me at:

@username

user@mail.me

Credits

Special thanks to all the people who made and released these awesome resources for free:

- ✗ Presentation template by [SlidesCarnival](#)
- ✗ Photographs by [Unsplash](#)



Presentation design

This presentation uses the following typographies:

- X Titles: Mali
- X Body copy: Nunito

Download for free at:

<https://fontstorage.com/font/cadson-demak/mali>

<https://www.fontsquirrel.com/fonts/nunito>

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Extra resources





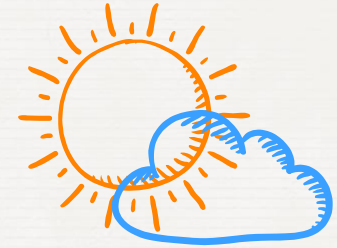
SlidesCarnival icons are editable shapes.

This means that you can:

- ✗ Resize them without losing quality.
- ✗ Change fill color and opacity.
- ✗ Change line color, width and style.

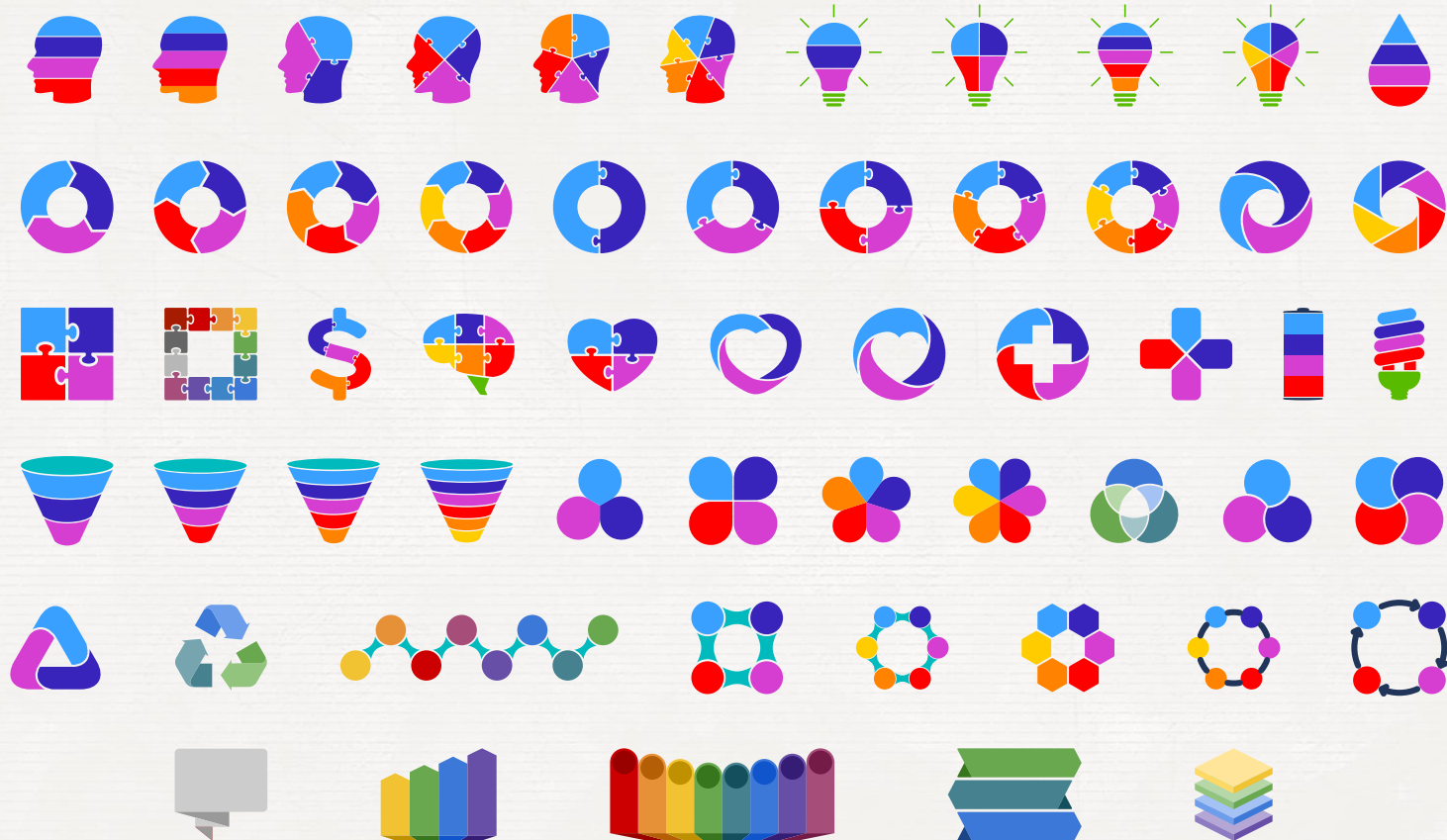
Isn't that nice? :)

Examples:



Find more icons at slidescarnival.com/extra-free-resources-icons-and-maps

Diagrams and infographics





You can also use any emoji as an icon!
And of course it resizes without losing quality.

How? Follow Google instructions
<https://twitter.com/googledocs/status/730087240156643328>





Free templates for all your presentation needs



For PowerPoint and
Google Slides



100% free for personal
or commercial use



Ready to use,
professional and
customizable



Blow your audience
away with attractive
visuals